

# *Experience the* **SPiRiT** *of Urbandale*

Urbandale Health Care Center has been committed to healing and nurturing the minds, bodies and spirits of its residents. Today, Urbandale offers long-term and transitional care, and rehabilitation services. With physical, occupational and speech therapists on site seven days a week, we provide a full schedule of fun, stimulating activities. Whatever your needs, our team of dedicated professionals delivers exceptional quality care.

**TO LEARN MORE ABOUT  
OUR HEALTHCARE  
COMMUNITY, CALL  
515-270-6838**



**URBANDALE**  
• • •  
HEALTH CARE CENTER

4614 NW 84th Street  
Urbandale, IA 50322

**URBANDALEHEALTHCARE.COM**

**The Care You Need to  
Get Well and Go Home**

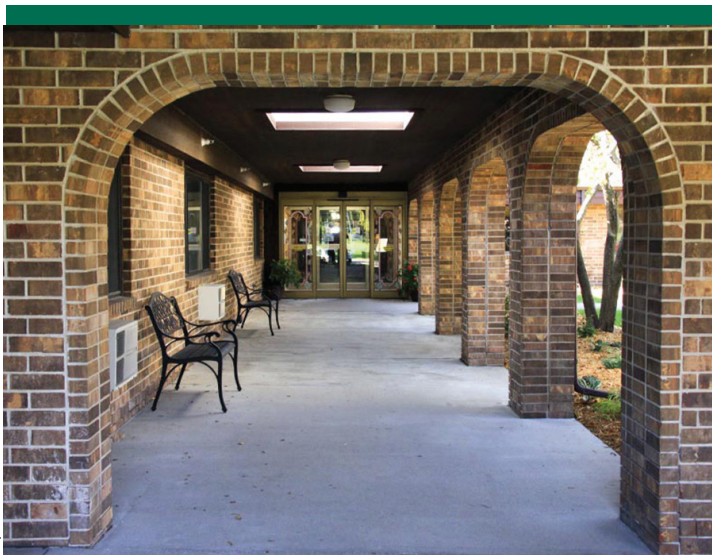


**URBANDALE**  
• • •  
HEALTH CARE CENTER



Where **Care** and  
**Customer Service**  
Come Together

**URBANDALEHEALTHCARE.COM**





## LONG TERM CARE

By choosing Urbandale Health Care Center for long term care, we understand that residents and families are placing their trust in us to provide quality care and customer service. Our dedicated medical team provides a full spectrum of nursing and specialty services 24 hours a day.

## SKILLED NURSING AND REHABILITATION

As a service of Urbandale Health Care Center, our rehab therapy program offers unique rehabilitation services to all of our Guests. We offer physical, occupational and speech therapies with our own full-time staff.

## SPECIALIZED SERVICES

In addition to our short term and long term care services, Urbandale Health Care Center offers specialized services including respite care and hospice care. It is our goal to meet the needs of every resident while maintaining their privacy, dignity and integrity of each resident. This a philosophy also applies to our respite and hospice patients.

## OUR MEDICAL CAPABILITIES AND SERVICES INCLUDE:

- 24-hour Skilled Nursing Care or Complex Nursing Treatment
- Medication Administered by Licensed Personnel
- Rehabilitation Services – Physical, Occupational, and Speech Therapies
- Restorative Programs by Trained Certified Nursing Assistants
- Long Term Care
- Hospice Care
- Respite Care
- Pain Management
- Wound Care Treatment
- IV Management
- Dialysis Management
- Catheter Care
- Oxygen Therapies
- Daily Meals and Snacks
- Activities and Programs that Encourage Social Interaction and Resident Participation
- Multi-Denominational Religious Services
- Podiatry, Dental, Audiology, and Optometrist Services
- Beauty Salon and Barber Services
- Housekeeping and Linen Services
- Admissions 7 days a week



## FEATURES & ACTIVITIES

Urbandale Health Care Center helps make you feel at home during your stay by offering:

- Private room options
- Three nutritious meals a day
- Social & recreational activities
- Transportation services
- Free wireless Internet
- Computer access

